

Appendix 1

Update on Child and Adolescent Mental Health Services – Key Themes (October 2018)

	Theme	Progress Update October 2017	Progress Update October 2018
1	Impact of Single Point of Access (SPA)	<p><i>Pilot for integration of RDaSH SPA with Early Help began in 2017. Slight delay in progress due to management changes within CAMHS but revisited and progressing positively.</i></p> <p><i>The CAMHS SPA attend the Early Help access team twice weekly to discuss referrals across the two service areas.</i></p> <p><i>The SPA has improved the delivery of advice and consultation to young people, families and universal services.</i></p>	<p>RDASH and CYPS</p> <p>There are robust systems in place so that the Rotherham CAMHS service are meeting target timescales and triaging effectively; when referrals are signposted the service is contacting families to advise of this and give an explanation why. The changeover to the new electronic records system has positively supported this. The service is considering if there can be electronic referrals from GP's within the system to improve access for GPs, alongside exploring how the service can increase access via self-referral.</p> <p>There have been changes to the front door access to the early help services and in the current time, the services agree strategically considering how the service developments fit together and review how improved working across agencies can continue to build.</p> <p>Exploration of how the CAMHS and 0-19 service SPA can consider working more closely together.</p> <p>Integration of the RDaSH SPA and Early Help access point is a key milestone in the refreshed Rotherham Integrated Health and Social Care Plan (Quarter 4 2018-19).</p>
2	Impact of locality working	<p><i>Positive links with schools and early help colleagues. A GP event held in September supported primary care understanding of the recent advice and consultation approach.</i></p> <p><i>Locality workers are working with individuals within their local community, seeing young people in schools, GP surgeries, homes and wherever young people choose to be seen. Feedback is now regularly taken to evaluate and improve the service.</i></p>	<p>RDASH</p> <p>Two Children's Well-being Practitioners have completed their training and are now an integral part of the Rotherham team. The role specifically is to work with young people experiencing mild to moderate anxiety and depression. The staff are engaging with young people in the local communities and are beginning to develop group work and provide self-help guidance and support. The initial group work will be focussed on supporting parents of younger children by utilising a Cognitive Behavioural Therapy (CBT) approach with them.</p> <p>The locality workers are engaging with the wider community and</p>

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		<p><i>Services are delivered from Kimberworth Place if either protected therapeutic space or a controlled environment for standardised assessment and interventions is required.</i></p> <p><i>Awareness raising events have been held - how to access CAMHS and self- help information and materials for young people.</i></p>	<p>supporting services through direct and indirect work with families and the partners supporting them.</p> <p>Additional awareness sessions have been delivered, alongside CAMHS having a higher presence within the wider community, including stalls at Rotherham show, local colleges, World Mental Health Day events etc.</p>
3	<p>Training and development for staff across the wider CAMHS workforce</p>	<p><i>Mapping of current training provision and feedback will go to the January 2018 CAMHS Strategic Partnership meeting.</i></p> <p><i>Links have been made with C&YP's Partnership and their work on identifying appropriate skills/training for the workforce.</i></p> <p><i>Safe Talk (Suicide prevention) training sessions were held in March 2017</i></p> <p><i>Referral Guidance for universal services seeking support on emotional well-being (Universal Tops Tips)</i></p> <p><i>Wales High School is a pilot school for the Yorkshire & Humber Clinical Network 'In It Together'- A Social Emotional Mental Health Competency Framework for Staff Working in Education.</i></p> <p><i>Sessions are offered to Early Help, schools (SENCOs etc), GP events etc to raise the awareness of RDaSH CAMHS services, how to access and promote the locality working model. Plus localised training to</i></p>	<p>All partners</p> <p>Work is ongoing but is making slow progress.</p> <p>An initiative has started with Sheffield, Barnsley, Doncaster and Rotherham CCGs to commission a review of workforce issues and specifically consider:-</p> <ul style="list-style-type: none"> • Staffing and Skills mix • Review of current workforce • Development of a workforce strategy <p>Wales High School chose not to participate in the Yorkshire & Humber Clinical Network 'In It Together'- A Social Emotional Mental Health Competency Framework for Staff Working in Education. They felt they were doing a lot of this work already through their Whole Schools work. We are waiting to see how the pilot went and have asked for feedback so we can look at how this work might be incorporated in Rotherham.</p> <p>Youth Mental Health First Aid training has been delivered to the Parent Carers Forum and a group of BME women working with Rotherham United Community Sports Trust.</p> <p>Rotherham's own CARE about suicide prevention training has been delivered on request to staff working with young people.</p>

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		<p><i>individual organisations when requested.</i></p> <p><i>The advice and consultation approach to locality working is also supporting the understanding and knowledge of universal services around mental health issues, interventions and presentations on a case by case basis personalised discussion.</i></p>	<p>Educational Psychology offers a variety of courses relating to a young person's emotional wellbeing and mental health.</p>
4a	Performance Management Information – performance framework	<p><i>A performance framework was tested with wider mental health service providers but feedback suggested it would be difficult to implement, even following a redesign..</i></p> <p><i>The CCG collects annual baseline data from the wider mental health service providers to inform the LTP and JSNA – interventions and activity, workforce capacity and investment from schools, early help services, RMBC and third sector services.</i></p> <p><i>A CAMHS Section 75 Agreement between RMBC and Rotherham CCG commenced in November 2017 and will strengthen joint performance management and measurement of outcomes.</i></p>	<p>RMBC</p> <p>Verbal update to be given at the meeting.</p>
4b	Performance Management Information – outcome measures	<p><i>CAMHS capture personalised goals for young people, alongside using routine outcome measures. Over 95% have a personalised goal relating to interventions offered, alongside a plan of care.</i></p> <p><i>RDaSH CAMHS will have a new electronic records system and this will be developed to support the capture and reporting of routine outcome measures in the future.</i></p>	<p>RDaSH</p> <p>The service has successfully transferred electronic records system in December 2017, the service is now reviewing the reporting availability through the new system and new reports with clear outcome measures attached is underway. The service developments in reporting is wider than the use of goals and includes use of symptom trackers to measure changes in symptoms alongside how the issues are impacting on a young person.</p>

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5	Waiting time data – assessment and treatment	<p><i>Consistent achievement of 100% against the target of 100% for urgent referrals assessed within 24 hours.</i></p> <p><i>At Aug 2017 66.7% of non-urgent referrals were assessed within 3 weeks (20.7% in June) and 88.9% within 6 weeks (65.5% in June)</i></p> <p><i>Services continue to be challenged by the high numbers of referrals for ASD assessment, but work continues to evaluate the process of these and ensure that the pathway is running as efficiently as possible</i></p>	<p>RDaSH</p> <p>The services have continued to triage referrals on the same day and see urgent referrals on the same day as presenting. The waiting times for initial contact and assessment from the service has also reduced to below 6 weeks on a more consistent basis.</p> <p>The challenges in meeting an increased demand in requests for ASD assessments have impacted on this pathway and remains a concern to the service and commissioners, both acknowledging that this is not an acceptable state, but working towards addressing how this can be overcome.</p> <p>RDaSH are preparing a full report, by the end of October, which will outline how they will address the issues, including:-</p> <ul style="list-style-type: none"> • How the pathway will be reviewed (including with Healthwatch, The Rotherham Parent Carers Forum, CCG etc.). • The current waiting list, waiting time and capacity. • Current staffing of the pathway • How the pathway operates relative to the latest NICE guidance. <p>Review of the RDaSH CAMHS ASD/ADHD diagnosis pathway is a milestone in the refreshed Rotherham Integrated Health and Social Care Plan (Quarter 4 2018-19)</p>
6	Transition from RDaSH CAMHS (includes transition from children's to adult mental health services if	<p><i>RDaSH has taken a 'Listening into Action' approach to explore transition processes between CAMHS and adult mental health. Monthly meetings of the two services take place and a psychiatrist from adult services works into CAMHS 1 day per week.</i></p> <p><i>LTP funding used for 4 'transition raising awareness' events with C&YP through the Different But Equal Board. It was also</i></p>	<p>RDaSH</p> <p>RDaSH has continued to fund a post for a care coordinator who spans the two services (adult and children's) in order to support transition. The post introduction has greatly improved the communication between services and supported young people to be referred to the most appropriate team, alongside helping the young person to understand the offer and expectation they can have from adult services.</p>

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	there are ongoing service needs or transition when discharged out of RDaSH CAMHS)	<p><i>agreed to look at potential support for the project from RDaSH mental health services, Early Help and the SEND group.</i></p> <p><i>The CCG is also working with VAR on a 'Health & Wellbeing' funding bid which may support this work.</i></p>	
7	Ensuring young people's voice and influence	<p><i>A mapping/action planning template resulted from the external Voice and Influence review to increase young people's involvement.</i></p> <p><i>RDaSH engages regularly with Rotherham Youth Cabinet , who have had input into the website design and taken part in interviews for practitioners.</i></p>	<p>RDaSH</p> <p>Rotherham CAMHS have undertaken a comprehensive participation, voice and influence programme since October 2017. The service is a national trailblazer through the Young Minds Amplified Program that is supported by NHS England. The current issues that are being addressed are surrounding the physical environment at Kimberworth Place, and how the environment can be better suited to the children and young people who visit the centre for their therapeutic appointments. Young people have worked closely with CAMHS practitioners to developing an understanding of the therapeutic services offered by Rotherham CAMHS. There are long term plans to work with young people in monitoring and reviewing the services offered, in particular how young people can access services, both in a physical sense and through electronic media such as self-referral via telephone or email. Through this there have been discussions with young people in how they can become better involved in the decision making process in service development. Young people have attended conferences and contributed to events such as world mental health week alongside Rotherham CAMHS practitioners to further develop relationships and better ways that children and young people can be engaged in service developments.</p>